

# Vintage Inns

## SAMPLE MENU

Welcome to Vintage Inns, where we're proud to serve a menu full of seasonally inspired dishes and country pub classics. Our team are on hand to provide recommendations and to pour you a drink, so please just ask!

### WHILST YOU DECIDE

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#### Mixed Olives (VE)

marinated with garlic & red pepper  
239kcal / 3.75

#### Mini Chorizo Sausages\*

in a balsamic glaze, with garlic dip  
710kcal / 5.50

#### Padron Peppers (VE)

seasoned with sea salt 63kcal / 3.95

### STARTERS

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**Chicken Liver, Apple & Cider Brandy Pâté\*** smooth pâté served with hedgerow chutney and toasted ciabatta 319kcal / 7.75

**Signature King Prawn Cocktail\*** juicy king prawns in a bloody mary Marie Rose sauce, served with lettuce, tomatoes and farmhouse bread 476kcal / 7.95

**Garden Pea Falafel (VE)** flavoured with lemon & parsley, served on a bed of hummus & grains 403kcal / 7.50

**Creamy Garlic Oven-Baked Mushrooms (V)** served in a mature Cheddar cheese sauce, with toasted ciabatta 335kcal / 6.95

**Sticky Crispy Chicken** tender bites, glazed in chipotle chilli jam 618kcal / 7.50

**Camembert Fritters (V)** served with an apple & caramelised onion chutney 399kcal / 6.95

**Today's Soup (V)** served with warm bread & butter 354kcal / 6.50 **Vegan option available**

**Salt & Pepper Calamari** served with saffron aioli 295kcal / 7.75

**Scallop, King Prawn & Crab Coquille** baked in a Cheddar, mozzarella & garlic sauce, topped with herb mash and served with toasted ciabatta 329kcal / 10.95

**Honey & Truffle Baked Camembert (V) for two to share** whole camembert served warm, drizzled with honey & truffle-infused oil, with caramelised red onion chutney and rustic bread to dip 1215kcal / 13.95

### MAINS

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**Seared Fillets of Sea Bass\*** with crispy baby potatoes, broad beans, peas & Tenderstem® broccoli and a creamy white wine & king prawn sauce 757kcal / 19.95

**Hunter's Chicken Schnitzel** topped with a BBQ & tomato sauce, crispy bacon and melted mature Cheddar, served with triple-cooked chunky chips 1427kcal / 17.50

**Grilled Bacon Chop** served with a free-range fried egg, grilled fresh pineapple, triple-cooked chips and peas 795kcal / 15.75

**Puy Lentil Cottage Pie\* (VE)** topped with carrot & sweet potato mash, served with seasonal greens and a rich vegan gravy 522kcal / 14.75

**Fish & Chips** freshly battered haddock with triple-cooked chips, mushy peas and tartare sauce 1036kcal / 16.95

**Home-Baked Pie of the Day\*** topped with puff pastry and served with spring onion mash, thyme-roasted carrots and glazed seasonal greens **Please ask for today's flavour (including calories) and price**

**Indulgent Beef & Red Wine Lasagne\*** served with garlic ciabatta and a dressed side salad 851kcal / 15.95

**Salmon Fishcakes\*** crispy fishcakes seasoned with pink peppercorns, served on crushed baby potatoes, with Tenderstem® broccoli and a brown shrimp hollandaise 809kcal / 16.50

**Katsu Chicken Rice Bowl\*** crispy buttermilk chicken served with katsu curry sauce, sticky rice, chargrilled Tenderstem® broccoli and pickled slaw 672kcal / 18.50 **Vegan option available** - swap your chicken for crispy sweet potato fritters 654kcal

**Slow-Cooked Lamb Shank\*** in a rich red wine, mushroom & pancetta sauce, served with herb-crumbed spring onion mash, thyme-roasted carrots and glazed seasonal greens 1098kcal / 24.75

### STEAKS

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*Expertly aged for superb flavour and tenderness, served with triple-cooked chips, a roasted plum tomato and your choice of steak sauce - Béarnaise\* 123kcal, Peppercorn\* 82kcal, Beef Dripping 123kcal or Craft Ale, Mushroom & Bacon\* 67kcal*

**10oz Rib-Eye 981kcal / 24.95 • 8oz Sirloin 935kcal / 21.95**

**Irresistible extras:** Garlic King Prawns 154kcal / 3.50 • Beer-Battered Onion Rings\* (V) 646kcal / 3.95  
Mac & Cheese (V) 418kcal / 3.50 • Garlic Ciabatta (V) 232kcal / 3.50 • Garlic & Cheese Baked Mushrooms (V) 123kcal / 3.50  
Rocket, Tenderstem & Pink Onion Salad\* (VE) 74kcal / 3.95

Adults need around 2000kcal a day

## BURGERS

All served with little gem lettuce, onion & tomato in a toasted bun, with skin-on-fries and smashed gherkins

**Signature Burger\*** premium prime steak burger, loaded with Cornish smoked BBQ beef brisket, smoked streaky bacon, mature Barber's Cheddar, cheese sauce and served with beer-battered onion rings 1609kcal / 17.95

**Crispy Buttermilk Chicken Burger** tender fried chicken topped with chipotle chilli jam & mayo 924kcal / 16.75

**Butternut Squash & Chickpea Burger (VE)** topped with chipotle relish, Applewood® slice and served with Padron peppers 1022kcal / 15.25

**DOUBLE UP** add an extra burger patty for just £4

### ADD EXTRA TOPPINGS

Grilled Halloumi (V) 415kcal / 3.00

Smoked Streaky Bacon 276kcal / 2.00

Roasted Mushrooms (VE) 12kcal / 1.00

Cheddar Cheese (V) 83kcal / 1.00

## STONE-BAKED PIZZAS

All our pizzas are made with hand-stretched dough, stone-baked to order and also available to take away!

**Charcuterie Pizza** topped with Italian cured meats and fresh rocket 1053kcal / 15.50

**Sticky Duck & Hoisin Pizza** shredded duck, mozzarella, red & spring onions, on a hoisin & tomato base 1109kcal / 15.50

**Classic Margherita Pizza (V)** a tomato base, topped with mozzarella and fresh basil 923kcal / 13.50

**Add extra toppings to any pizza:** Pulled Beef Brisket 276kcal / 2.50 • Smoked Streaky Bacon 276kcal / 2.00 • Roasted Mushrooms (VE) 12kcal / 1.00 • Sliced Chicken 116kcal / 2.00 • Fresh Red Chillies (VE) 1kcal / Free

## SALADS

**Chicken, Bacon & Avocado Salad** chargrilled chicken breast, smoked streaky bacon, avocado, tomatoes, red onion and little gem in a zesty dressing, topped with a boiled egg and served with pesto toasted ciabatta 779kcal / 16.50

**Greens & Grains Salad (VE)** roasted red peppers, lentils, buckwheat and quinoa, tossed in a zesty pineapple & ginger dressing, served on a bed of mixed leaves and topped with pomegranate & pumpkin seeds 251kcal / 14.25

**Finish with:** Sweet Potato Fritters (VE) 285kcal / 3.00

Grilled Halloumi (V) 415kcal / 3.00

Chargrilled Chicken Breast 232kcal / 3.00

Sea Bass Fillets 397kcal / 4.00

Sticky Crispy Chicken 515kcal / 3.00

Crispy Duck 196kcal / 3.00

## SANDWICHES

*Available Monday - Saturday, until 5pm*

Served with fries as standard or swap to a side salad for a lighter lunch

**Beef Brisket Sandwich\*** with beef dripping sauce and pickled pink onions, in toasted farmhouse bread 1181kcal / 11.25

**Fish Finger Sandwich** battered haddock goujons and tartare sauce, in a rustic roll 951kcal / 10.25

**Sweet Potato & Quinoa Wrap (VE)** sweet potato fritters, roasted red peppers, quinoa and hummus, in a beetroot & chia seed wrap 689kcal / 9.75

## SIDES

**Mac & Cheese (V)** 418kcal / 3.50

**Beer-Battered Onion Rings\* (V)** 646kcal / 3.95

**Halloumi Fries (V)** with chipotle chilli relish 545kcal / 4.50

**Belgian Fries (V)** with garlic mayo & cajun seasoning 685kcal / 3.50

**Triple-Cooked Chips (VE)** 348kcal / 3.50

**Baby Potatoes (VE)** 214kcal / 3.25

**Garlic Ciabatta (V)** 232kcal / 3.50

**Rocket, Tenderstem & Pink Onion Salad\* (VE)** 74kcal / 3.95

**Dressed Side Salad (VE)** 39kcal / 3.50

**Seasonal Greens (VE)** 82kcal / 3.50

## PUDDINGS

See our separate Pudding Menu for full details and hot drinks

**Sticky Toffee Pudding (V)** 686kcal / 7.50

**Double Chocolate Brownie (V)** 868kcal / 7.25

**Baked Vanilla Cheesecake (V)** 838kcal / 7.95

**Mango & Passion Fruit Eton Mess (V)** 649kcal / 7.75

**Lemon Tart\* (V)** 620kcal / 7.95

**Allotment Fruit Crumble (V)** 654kcal / 7.95

*Vegan option available*

**Tiramisu\* (V)** 615kcal / 7.95

**Chocolate Orange Dome\*** 734kcal / 8.75

**Trio of Ice Cream & Sorbet (V)** / 5.95

see Pudding Menu for options and calories

*Vegan options available*

**Mini Pudding & Hot Drink (V)** / 6.75

see Pudding Menu for options and calories

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know [before](#) ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. Weights stated are approximate uncooked weights. \* = this dish contains alcohol. Our fish has been carefully filleted however some small bones may remain. All calories are correct at time of menu print, live nutrition information is available online.

All items are subject to availability. Adults need around 2000kcal a day.

We are proud to be part of the Vintage Inns family; for details of our country pubs in the collection please visit [vintageinns.co.uk](http://vintageinns.co.uk).

Please note that for tables of 8 or more a discretionary service charge of 10% will be added to your bill.