

# Vintage Inns

## SAMPLE MENU

Welcome to Vintage Inns, where we're proud to serve a menu full of seasonally inspired dishes and country pub classics. Our team are on hand to provide recommendations and to pour you a drink, so please just ask!

### WHILST YOU DECIDE

#### Mixed Olives (VE)

marinated with garlic & red pepper  
239kcal / 3.50

#### Mini Chorizo Sausages\*

in a balsamic glaze, with garlic dip  
710kcal / 5.50

#### Padron Peppers (VE)

seasoned with sea salt 63kcal / 4.50

### STARTERS

#### Chicken Liver, Apple & Cider Brandy Pâté\*

smooth pâté served with hedgerow chutney and toasted ciabatta 319kcal / 8.50

#### Devon Crab Cake\*

served with chilli lemon mayo and a lovage pesto dressing 269kcal / 8.50

#### Today's Soup (V)

served with warm bread & butter  
354kcal / 6.75 **Vegan option available**

#### Garden Pea Falafel (VE)

flavoured with lemon & parsley, served on a bed of hummus & grains 403kcal / 7.95

#### Scallop, King Prawn & Crab Coquille

baked in a Cheddar, mozzarella & garlic sauce, topped with herb mash and served with toasted ciabatta 329kcal / 11.75

#### Creamy Garlic Oven-Baked Mushrooms (V)

served in a mature Cheddar cheese sauce, with toasted ciabatta 335kcal / 7.25

#### Salt & Pepper Calamari

served with saffron aioli 295kcal / 7.75

#### Tandoori Chicken Skewer\*

served with pickled vegetables and a yogurt & cucumber sauce 236kcal / 8.75

### SHARERS

#### Sticky Platter\*

chilli jam-glazed lamb koftas with hummus & tzatziki, pulled pork & Bramley apple bon bons, glazed chorizo, sticky crispy chicken and warm tortillas 1963kcal / 19.95

#### Honey & Truffle Baked

#### Camembert (V)

whole camembert served warm, drizzled with honey & truffle-infused oil, with caramelised red onion chutney and rustic bread to dip 1215kcal / 15.95

### STEAKS

Expertly aged for superb flavour and tenderness, served with triple-cooked chips, a roasted plum tomato and your choice of steak sauce - Béarnaise\* 123kcal, Peppercorn\* 82kcal, Beef Dripping 123kcal or Craft Ale, Mushroom & Bacon\* 67kcal

7oz Fillet 619kcal / 30.75

10oz Rib-Eye 981kcal / 27.75

**TASTY TREAT** top your steak with a skewer, for just £8.95

#### IRRESISTIBLE EXTRAS

Garlic King Prawns 154kcal / 4.25

Beer-Battered Onion Rings\* (V)  
646kcal / 4.25

Mac & Cheese (V) 418kcal / 4.25

Garlic Ciabatta (V) 232kcal / 3.50

Rocket, Tenderstem & Pink Onion Salad\* (VE) 74kcal / 4.25

Garlic & Cheese Baked Mushrooms (V) 123kcal / 4.25

### SIGNATURE SKEWERS

#### Step 1 CHOOSE A SKEWER

#### Moroccan-Spiced Chicken Breast

marinated in aromatic spices 420kcal / 18.95

#### Garlic King Prawns

a selection of succulent garlic king prawns  
310kcal / 19.25

#### Grilled Halloumi & Aubergine (V)

marinated in hot honey, topped with pomegranate seeds 708kcal / 18.50

#### Tender Lamb Rump

flavoured with wild garlic 690kcal / 19.25

**GO BIG** add a second skewer for £8.95

#### Step 2 CHOOSE A SIDE

#### Feta Salad & Toasted Tortilla (V)

vibrant salad of roasted veg, greens, grains, feta & pomegranate, with yoghurt dip and beetroot tortilla 206kcal

#### Hummus & Flatbread\* (V)

with tzatziki, pomegranate, roasted veg & grains in a red pepper & garlic dressing 706kcal

#### Slaw & Triple-Cooked Chips (V)

with sweet chili mayo and a pineapple & mango salsa in a lemongrass dressing 593kcal

### BURGERS

All served with little gem lettuce, onion & tomato, in a toasted bun, with skin-on-fries and smashed gherkins

#### Signature Burger\*

premium prime steak burger, loaded with Cornish smoked BBQ beef brisket, smoked streaky bacon, mature Barber's Cheddar, cheese sauce and served with beer-battered onion rings 1609kcal / 18.75

#### Crispy Buttermilk Chicken Burger

tender fried chicken topped with chipotle chilli jam & mayo 924kcal / 17.25

#### Butternut Squash & Chickpea Burger (VE)

topped with chipotle relish, Applewood® slice and served with Padron peppers 1022kcal / 15.75

**DOUBLE UP** add an extra burger patty for just £4

#### ADD EXTRA TOPPINGS

Grilled Halloumi (V) 415kcal / 3.00

Smoked Streaky Bacon 276kcal / 2.50

Roasted Mushrooms (VE)  
12kcal / 1.50

Cheddar Cheese (V) 83kcal / 1.50

Adults need around 2000kcal a day

## CLASSIC MAINS

### Seared Fillets of Sea Bass\*

with crispy baby potatoes, broad beans, peas & Tenderstem® broccoli and a creamy white wine & king prawn sauce 757kcal / 21.75

### Chicken Parmigiana\*

breaded chicken breast topped with bacon and a rich tomato & mozzarella sauce, served with skin-on-fries and a green salad 1340kcal / 18.50

### Grilled Bacon Chop

served with a free-range fried egg, grilled fresh pineapple, triple-cooked chips and peas 795kcal / 16.95

### Puy Lentil Cottage Pie\* (VE)

topped with carrot & sweet potato mash, served with seasonal greens and a rich vegan gravy 522kcal / 18.50

### Katsu Chicken Rice Bowl\*

crispy buttermilk chicken served with katsu curry sauce, sticky rice, chargrilled Tenderstem® broccoli and pickled slaw 671kcal / 20.25

**Vegan option available** - swap your chicken for crispy sweet potato fritters 654kcal

### Home-Baked Pie of the Day\*

served with spring onion mash, thyme-roasted carrots, glazed seasonal greens and a rich gravy **Please ask for today's flavour (including calories) and price**

### Slow-Cooked Pork Belly\*

with a pulled pork & apple bon bon, creamy chive mash, green beans, crackling and a red wine jus 1225kcal / 19.75  
**Add Scallops 92kcal / 4.00**

### Salmon Fishcakes\*

crispy fishcakes seasoned with pink peppercorns, served on crushed baby potatoes, with Tenderstem® broccoli and a brown shrimp hollandaise 809kcal / 16.50

### Fish & Chips

freshly battered haddock with triple-cooked chips, mushy peas and tartare sauce 1036kcal / 17.95

### Beef Rib Bourguignon\*

in a rich red wine, mushroom & pancetta sauce, served with spring onion mash, roast carrots and Tenderstem® broccoli 1163kcal / 24.95

## SIDES

### Mac & Cheese (V)

418kcal / 4.25

### Beer-Battered Onion Rings\* (V)

646kcal / 4.25

### Halloumi Fries (V)

with chipotle chilli relish 545kcal / 4.25

### Belgian Fries (V)

with garlic mayo & cajun seasoning 685kcal / 4.25

### Triple-Cooked Chips (VE)

348kcal / 4.25

### Baby Potatoes (VE)

214kcal / 3.95

### Garlic Ciabatta (V)

232kcal / 3.50

### Rocket, Tenderstem & Pink Onion Salad\* (VE)

74kcal / 4.25

### Dressed Side Salad (VE)

39kcal / 3.25

### Seasonal Greens (VE)

82kcal / 2.95

## STONE-BAKED PIZZAS

All our pizzas are made with hand-stretched dough, stone-baked to order and also available to take away!

### Charcuterie Pizza

topped with Italian cured meats and fresh roquette 1053kcal / 16.95

### Sticky Duck & Hoisin Pizza

shredded duck, mozzarella, red & spring onions, on a hoisin & tomato base 1109kcal / 16.75

### Classic Margherita Pizza (V)

a tomato base, topped with mozzarella and fresh basil 923kcal / 13.95

**Add extra toppings to any pizza:** Pulled Beef Brisket 276kcal / 2.50 • Smoked Streaky Bacon 276kcal / 2.50 • Roasted Mushrooms (VE) 12kcal / 1.50 • Sliced Chicken 116kcal / 2.00 • Fresh Red Chillies (VE) 1kcal / Free

## SALADS

### Chicken, Bacon & Avocado Salad

chargrilled chicken breast, smoked streaky bacon, avocado, tomatoes, red onion and little gem in a zesty dressing, topped with a boiled egg and served with pesto toasted ciabatta 779kcal / 16.95

### Greens & Grains Salad (VE)

roasted red peppers, lentils, buckwheat and quinoa, tossed in a zesty pineapple & ginger dressing, served on a bed of mixed leaves and topped with pomegranate & pumpkin seeds 251kcal / 14.75

**Finish with:** Sweet Potato Fritters (VE) 285kcal / 3.00 • Sticky Crispy Chicken 515kcal / 3.00 • Crispy Duck 196kcal / 3.00 • Chargrilled Chicken Breast 232kcal / 3.00 • Sea Bass Fillets 397kcal / 4.00 • Grilled Halloumi (V) 415kcal / 3.00

## PUDDINGS

See our separate Pudding Menu for full details and hot drinks

### Sticky Toffee Pudding (V) 686kcal / 8.25

### Double Chocolate

### Brownie (V) 868kcal / 7.95

### Baked Vanilla

### Cheesecake (V) 838kcal / 8.25

### Tiramisu\* (V) 615kcal / 8.50

### Mango & Passion Fruit

### Pavlova (V) 775kcal / 8.75

### Lemon Tart\* (V) 620kcal / 8.50

### Chocolate Orange Dome\* 734kcal / 9.25

### Allotment Fruit Crumble (V)

654kcal / 8.50 **Vegan option available**

## SANDWICHES

**Available Monday - Saturday, until 5pm**

Served with fries as standard or swap to a side salad for a lighter lunch

### Beef Brisket Sandwich\*

with beef dripping sauce and pickled pink onions, in toasted farmhouse bread 1181kcal / 12.50

### Fish Finger Sandwich

battered haddock goujons and tartare sauce, in a rustic roll 951kcal / 11.50

### Sweet Potato & Quinoa Wrap (VE)

sweet potato fritters, roasted red peppers, quinoa and hummus, in a beetroot & chia seed wrap 689kcal / 10.50

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know **before** ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. Weights stated are approximate uncooked weights. \* = this dish contains alcohol. Our fish has been carefully filleted however some small bones may remain. All calories are correct at time of menu print, live nutrition information is available online. All items are subject to availability. Adults need around 2000kcal a day. We are proud to be part of the Vintage Inns family; for details of our country pubs in the collection please visit [vintageinns.co.uk](http://vintageinns.co.uk). Please note that for tables of 8 or more a discretionary service charge of 10% will be added to your bill.